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# Eyebrow Tattoo Post Care

It is highly recommended that you follow Meggan Aesthetics Pre & Post Care instructions to ensure the best possible results and longevity of your tattoo. This information acts as a guideline only. Each client’s skin responds differently both in how long it takes to heal and the number of sessions needed for colour retention and desired results. It is important that you take good care of your eyeliner while healing and beyond.

### **WHAT TO EXPECT IMMEDIATELY AFTER THE PROCEDURE?**

Please be aware that the colour intensity will be considerably darker and sharper than you may expect, but don’t panic as this is completely normal. Your brows will soften in appearance by 30%-50%. Over the following ten days the brows will begin to fade and may take up to 4-6 weeks for the true colour to come through. Do not be alarmed if the colour seems to disappear during the healing process, this is due to layers of skin forming and is only temporary.

**Appointment (Day 1)**

After the procedure, every 10 minutes for the first 4 hours gently blot the area with a dry tissue to absorb excess lymph fluid. Do this as needed in the day until the weeping has stopped. Removing this fluid prevents hardening of any blood/lymphatic fluids. While the skin is in the process of forming a protective scab and the lymph secretion is active you may see fluid on the skin.  This is normal but the fluid must be cleaned off so that the secretion does not crust and block the skin from breathing.

Before Bedtime Gently Cleanse with a gentle cleanser and pat dry (clean towel). Apply rice size amount of aftercare cream.

**(Day 2 )**

Gently cleanse the brows and pat dry. Reapply rice size amount of aftercare cream.

The treated area may experience the following symptoms for 1 to 10 days after the treatment, which are all common and will only last a short period of time.

* Redness
* Minimal Swelling
* Tenderness
* Flaking
* Dryness and Itching

**(Day 3 - 10) DRY HEAL**

**Apply Ointment:**  No wetting the brows now until the scabs have fallen off in their own time. Gently apply aftercare a rice size amount of aftercare cream morning and night.

**The following must be avoided:**

* Do not rub, pick or scratch, as the colour may heal unevenly and you could risk infection, which in turn could lead to scarring. Let any scabbing or dry skin naturally exfoliate away.
* Avoid direct sun exposure/tanning or tanning beds for 4 weeks after the procedure. Wear a hat when outdoors and/or big sunglasses.
* Avoid heavy sweating, exercise, sports, swimming, sauna, steam rooms, and long hot showers for 10 days.
* Avoid use of skincare or cosmetics on the treated area (be careful using your foundation or powders.)
* Avoid using exfoliants, acids such as glycolic acid, alpha hydroxy acids lactic acid, salicylic acid, and Vitamin A on the tattooed area for 30 days. (Causes premature fading)
* Use a fresh pillowcase. Avoid sleeping on your face for the first 10 days.
* Do not schedule any facials, microdermabrasion, micro needling, peels or laser treatments for at least 4 weeks. They can darken/lighten or distort the pigment.
* Do not tint your brows for 2 weeks after your procedure
* Avoid drinking alcohol in excess, as it may lead to slow healing of wounds.

**Note:**

* After the healing process brows will appear lighter in color because of natural skin regeneration. Often, even with proper care, some areas may look uneven or patchy. It is absolutely normal because your natural skin regeneration is not a process that your artist can control. That’s why a complimentary enhancement session is included after 4-6 weeks from the initial session to assure that your brows are even and that the desired effect was achieved.
* Healed results vary per individual client. We have no control over what occurs during the healing process. After the second session (enhancement session) additional touch-up sessions may be required to obtain optimal results. Additional charges will apply.

**Following the proper post-care is necessary to achieve the best results. When scheduling an appointment for a cosmetic tattoo keep in mind the healing time of the procedure will depend on your body’s regeneration, age, immune system and lifestyle.**

Let me know if you have any questions regarding the above, Meggan xx

# Eyeliner Tattoo Post Care

It is highly recommended that you follow Meggan Aesthetics Pre & Post Care instructions to ensure the best possible results and longevity of your tattoo. This information acts as a guideline only. Each client’s skin responds differently both in how long it takes to heal and the number of sessions needed for colour retention and desired results. It is important that you take good care of your eyeliner while healing and beyond.

### **WHAT TO EXPECT IMMEDIATELY AFTER THE PROCEDURE?**

Swelling and redness is to be expected immediately after the procedure as the skin is very thin in this area. Itching is also normal. The length of time it takes to heal varies from person to person.  The swelling shall subside in a few hours. It takes an average about 4-5 days for the scabs to naturally fall off.  Your true colour will not be apparent until the 4-6 week mark which is when we will do a touch-up.

**Appointment  (Day 1)**

After the procedure, with freshly washed hands, gently blot the area with clean tissue or paper towel to absorb excess lymph fluid. Do this every hour for the full day until the weeping has stopped.  Removing this fluid prevents hardening of any blood/lymphatic fluids and lessens the chance of scabbing. No ointment is necessary as the eyes protect themselves and create their own moisture.

Eyes may vary from slightly puffy to swollen, heavy lids and light sensitivity. Sleeping in a slightly elevated position can also reduce any residual swelling of the eyes.

After you leave, ice packs can be applied for 10 to 15 minutes each hour for the first 4-8 hours following the procedure. The ice is used to reduce swelling and provide comfort. If you experience any residual swelling the following day, you may ice them again. After the first 24 hours the use of ice is no longer beneficial.

**(Days 1 - 7)**

The treated area may experience the following symptoms for 1 to 10 days after the treatment, which are all common and will dissipate in a short period of time.

* Redness
* Minimal Swelling
* Tenderness
* Flaking
* Dryness and Itching

**(Day 2-7)**

**Clean:** Clean your eyes every morning and evening. All cleansing should be done by compresses with cold water on a cottom pad for the first 72 hours to clean the eye area in a patting motion.

**Dry the area:** Gently pat the area dry with a clean tissue.

**Day 1-2:** Eyes will be swollen and perhaps a bit ‘crusty’ upon waking. The swelling will reduce after being in an upright position and from blinking and increased circulation to the area. Avoid heavy lifting, physical exertion, and crying.

**Day 2:** Eyes will be less swollen, but will feel tight. The lash area will feel sore if touched, pleased refrain from touching, if the area is itchy you can dab them with a clean cotton tip.

**Day 3-4:** The top layer of skin will begin to flake off in little stitch looking lines, although some people do not notice the exfoliation. DO NOT PICK THEM – you will pull pigment out and end up with uneven color. Blinking helps eliminate the small pieces of pigment that have detached. It is important not to pick at it or rub the eyes.

**Day 7-9:** All shedding should be complete. You are safe to shower facing the shower head. During this time, the pigment may appear to have vanished, this is a normal part of the healing process, and the pigment will re-emerge by 4-6 weeks.

Let me know if you have any questions regarding the above, Meggan xx

# Lip Tattoo Post Care

It is highly recommended that you follow Meggan Aesthetics Pre & Post Care instructions to ensure the best possible results and longevity of your tattoo. This information acts as a guideline only. Each client’s skin responds differently both in how long it takes to heal and the number of sessions needed for colour retention and desired results. It is important that you take good care of your Lips while healing and beyond.

**Thank you for choosing Meggan Aesthetics for your Lip Tattoo.**

Semi Permanent make up or Cosmetic Pigment is deposited into the skin very lightly so that it fades away over time. This means you will need a touch up after 4-6 weeks to get them looking perfect. After the touch up session your lip tattoo will stay for around 3 years. We recommend getting a small touch up every 1-2 years to keep them looking perfect all the time.

Your lips will swell a little during the treatment and stay swollen for 1-2 days after. You will get a little flaking over the tattoo, This is normal.  
The lips will become very dry so you will need to apply the AFTER CARE BALM that we provide you with. When the flaking finishes, you will most likely see a few lighter spots where the skin pushes a little colour out. This is why all cosmetic tattoo’s need a touch up session.

After the touch up, the lips will hold the colour perfectly. **DO NOT PULL ANY OF THE FLAKY BITS OFF THE LIPS**. This will pull colour out.  
If you get cold sores usually or have had a cold sore even only once in your life, you are prone to getting a cold sore because tattooing will stress the lips. Please immediately take the x3 Samciclovia Antiviral medication for cold sores from the chemist (might have different name at other places). This is a strong cold sore tablet that will inhibit the growth of a cold sore. If you take the tablets and a couple days later feel you might be getting a cold sore, please take x3 more tablets again.

Please follow these after care instruction perfectly. If you do not care for your lips for the following 2 weeks while they heal, you might lose more colour. Your lips will look darker today and for the next week or so and then they settle to a beautiful soft colour.

* No Kissing or hot drinks for 24 hours post lip tattoo.

Let me know if you have any questions regarding the above, Meggan xx